

KENT FIFTY MILE LEAGUE

DATES

Nov 9 th	Swanley Park, Swanley*
Nov 23 rd	Rough Common, Canterbury*
Nov 30 th	Nurstead Court, Meopham*
Dec 14 th	Oxleas Wood, Eltham
Dec 28 th	Avery Hill Park, New Eltham
Jan 11 th	Minnis Bay, Birchington*
Feb 1 st	Knole Park, Sevenoaks*

** incorporating Junior League race*

- All events take place on Sunday mornings, 11am start.
- All events about 5 miles long, taking place on varying off-road terrain.
- Open to men and women – all abilities welcomed.
- Entry Fee - £2 on the day.
- End of race raffle prizes.
- Full results available by email or on inter-net.

FURTHER INFORMATION AVAILABLE FROM
ROB BRIGHT

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2008/09 season